



# **NDIS**

## **Support Services**

Let us guide you towards  
a more fulfilling and  
independent life!



Allied Health for Wellness

Our dedicated team of Occupational Therapists, Psychologists and Vocational Counsellors are all about customising their approach to perfectly match your unique needs. Our services are focused on identifying supports to help participants with engagement in meaningful activities, as well as undertaking specialised services that assist with capacity building.

**Partner with us and thrive**

## **OUR SERVICES**

### **Occupational Therapy**

Discover how our expert occupational therapists can help you achieve your goals! Whether it's enhancing mobility, self-care, communication, or engaging in meaningful activities, we've got you covered.

### **Comprehensive Functional Capacity Assessment (FCA) – Adult**

Undertaken for the purpose of assessing the impact of an individual's disability on their everyday life and determining support needs and opportunities for capacity building.





## Cognitive Rehabilitation Training – Adult

Addresses cognitive functioning to develop skills and strategies to manage cognitive variations that may occur with:

- Brain injury
- Chronic illness or disease  
e.g. MS, pain
- Neurodiversity e.g. ADHD, ASD
- Side effects from medication  
or treatment
- Long COVID

## Psychological Services

Our team is equipped with the knowledge, skills, and expertise to address a wide range of mental health concerns. We have a deep understanding of the challenges faced by individuals with disabilities, neurological conditions, and other mental health issues. We are committed to providing personalised support tailored to your specific needs.

## Therapy Supports

Empower yourself with essential skills to conquer challenges, achieve goals and grow personally. Our holistic approach empowers you to engage in meaningful activities at home and in the community.



## Vocational Services



Our team of highly experienced consultants are dedicated to finding a way forward to overcome obstacles to achieving and maintaining employment.

## Comprehensive Employment Related Assessments


Using evidence-based tools to gain a holistic understanding of your potential, our detailed assessments are tailored to evaluate your skills, interests, capabilities, and optimum capacity.

## Employment-focused Counselling

Our targeted counselling addresses barriers you may face in gaining employment. We provide guidance on enhancing job-seeking skills, building self-confidence, and developing strategies to overcome workplace challenges. We empower you to navigate the job market with resilience and determination.



**S U P P O R T**



At Allied Health for Wellness our team are AHPRA registered and accredited practitioners providing specialised assessments and services aimed at optimising quality of life and community engagement.

We'll work hand in hand with you, your support network, and other healthcare professionals to create a seamless and personalised approach that revolves around you.

**Together, let's achieve your goals and make a positive impact on your wellbeing!**



# How do I find out more?

## CONNECT WITH US



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